ACTIVE TRAVEL for Cultural Explorers

SMALL GROUP Maximum of 24 Travelers

LAND JOURNEY

Majestic Switzerland

Interlaken | Vevey

Inspiring Moments

- Journey by train, bus, boat and foot to witness and explore Switzerland's spectacular **Alpine scenery.**
- Feast your eyes on the soul-stirring landscapes of the **Bernese Oberland.**
- Surround yourself in the unspoiled natural wonders of the **Lauterbrunnen Valley.**
- Sip light, crisp wine at a vineyard in **Lavaux,** one of the world's most celebrated and captivating wine regions.
- Cruise on **Lake Geneva** to Château de Chillon, a romantic medieval fortress.
- From sweet to savory, tempt your palate with chocolate and cheese in **Gruyères.**
- Travel by steam-train up the Brienzer Rothorn, reveling in the breathtaking **Bernese Alps.**
- Experience two **UNESCO World Heritage sites.**

Lake Brienz

INCLUDED FEATURES

Accommodations (with baggage handling)

– **4 nights** in Interlaken, Switzerland, at the first-class Carlton-Europe.

– **4 nights** in Vevey at the first-class Astra Hotel Vevey.

Transfers (with baggage handling)

– Deluxe motor coach transfers during the Land Program.

Extensive Meal Program

– 9 breakfasts, 3 lunches and 4 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.

Your One-of-a-Kind Journey

– **AHI Travel Assurance** plan that covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.

– **Discovery excursions** highlight the local culture, heritage and history.

– Expert-led **Enrichment programs** enhance your insight into the region.

– **AHI Sustainability Promise:** We strive to make a positive, purposeful impact in the communities we visit.

– **AHI Connects:** Local immersion.

– Free time to pursue your own interests.

– Custom Swiss rail pass.

– Welcome Reception to mingle with fellow travelers.

– A personal VOX headset to hear your English-speaking guide clearly.

– Tipping of guides and drivers.

– Complimentary travel mementos.

Itinerary

Day 1	Depart gateway city
Day 2	Arrive in Zürich and transfer to hotel in Interlaken
Day 3	Kandersteg | Oeschinensee
Day 4	Brienz | Rothorn
Day 5	Lauterbrunnen | Mürren
Day 6	Gruyères | Vevey
Day 7	Montreux | Lavaux
Day 8	Zermatt
Day 9	Vevey
Day 10	Transfer to Geneva airport and depart for gateway city

Flights and transfers included for AHI FlexAir participants.

Note: Itinerary may change due to local conditions.

Activity Level: Active programs are designed for people who are in good health and can comfortably participate in a demanding daily schedule of physical activities.

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Discovery

AHI Connects: Swiss Culture. Enjoy delicious cuisine while a folkloric group provides entertainment. Listen to Swiss folk songs and the Alpenhorn, an instrument traditionally used by Swiss herdsmen.

Interlaken. Begin your discovery of lovely Interlaken on a walking tour. This fabled resort town, located between the crystal clear Thun and Brienz lakes, is the perfect gateway for exploring the region.

Kandersteg and Lake Oeschinen. Hop on a train to Kandersteg, a quiet holiday resort and a paradise for nature lovers. Embark a gondola for a ride up to the Oeschinensee and revel in views made sweeter by bucolic landscapes below. Stretch your legs during a gentle hike to Lake Oeschinen, host to breathtaking blue waters and captivating reflections.

Brienz and Rothorn. Journey to Brienz, renowned for its traditional wood carvings. Board a steam-powered train and ride to the summit of Brienzer Rothorn where stunning mountain vistas await. Cap off the day with a relaxing cruise on Lake Brienz to Interlaken.

Lauterbrunnen and Mürren. Following a scenic train journey to Lauterbrunnen, take a cable car to Grütschalp. Stretch your legs along a gentle trail to Winteregg and Mürren. On a clear day, witness the iconic imposing trio — the Eiger, Mönch and Jungfrau peaks. Descend by cable car from Mürren, enjoying the majestic emerald landscapes.

Gruyères and Vevey. Depart Interlaken for Vevey via Gruyères. Stop at a dairy farm for a demonstration on making handmade cheese and a tasting. In medieval Gruyères, visit a chocolate factory to learn the history of how chocolate came to Europe and how the raw ingredients are turned into delicious concoctions. We will also enjoy a tasting of the premium confectionery. Continue to Vevey, tucked along Lake Geneva.

Montreux and Lavaux. The lakeside town of Montreux has charmed artists, musicians and literati for centuries. Delight in a cruise on Lake Geneva and visit the 13th-century Château de Chillon, a medieval castle. Journey to the fertile Lavaux vineyard region, where stone walls form a patchwork of picturesque terraces. Learn about the region's viniculture, visit a winery and enjoy a wine tasting and lunch.

Zermatt. Journey to Zermatt, an alluring resort town snuggled against a mountain backdrop. Guests have the option to ride the cog railway to the Gornergrat to see glorious panoramas of the mighty Matterhorn, glaciers, waterfalls and mountain flora.

Enrichment

- **Mountain Climbing**
- **Swiss Icons**
- **Swiss Wine**

UNESCO World Heritage

1. Swiss Alps Jungfrau-Aletsch
2. Lavaux, Vineyard Terraces

Vevey-Lavaux vineyards

Harder Kulm

Accommodations

Hotel Carlton-Europe

Astra Hotel Vevey

The information in this flier is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

AHI Sustainability Promise

We strive to make a positive, purposeful impact in the communities we visit, whenever possible.

Environmental Impact | Thoughtful choices to minimize our environmental footprint: eco-friendly transportation, guided walks in lieu of bus tours and less plastic waste.

Social Impact | Ongoing initiatives to support local businesses that employ and benefit people in the community. Curating meaningful experiences by staying in intimately sized locales instead of cities affected by overtourism.

Economic Impact | Community-based tourism using expert local guides and lecturers, plus program scheduling during quieter, "shoulder seasons."

AHI Travel Expertise

Passenger Service Representative | Helps with everything from arranging flights to fulfilling special requests.

Travel Director | Manages all details to ensure a memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides and lecturers | Provide friendly, knowledgeable service and share their passion for their country.

Let us arrange your flights!

AHI FlexAir | Our **personalized air program** features transfers, assistance and flexibility.

DATES & PRICES

August 16-25, 2023

From Price	$4,605
Special Savings	$250
Special Price	**$4,355**

VAT is an additional $295 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional $850 (limited availability).