



ACTIVE TRAVEL
for Cultural
Explorers

**RIVER
JOURNEY**

Wonders of Laos, Cambodia & Vietnam

featuring Luang Prabang,
the Angkor Empire &
a Mekong Cruise

Inspiring Moments

- ▶ Stand before the remarkable, imposing temples of **Angkor**.
- ▶ Discover the traditions and lifestyles of **rural river communities** while cruising through Vietnam and Cambodia.
- ▶ Experience the soul-stirring sight of saffron-robed monks in **Luang Prabang**.
- ▶ Admire the exquisite costumes and dancers of an **Apsara performance**.
- ▶ Thrill to a cyclo ride that introduces you to the sights and sounds of **Phnom Penh**.
- ▶ From tuk-tuks and sampans to workshops and temples, encounter day-to-day life in **Southeast Asia**.
- ▶ Meet **gracious villagers**, who share their culture, lives and experiences with you.
- ▶ Experience two **UNESCO World Heritage sites**.

INCLUDED FEATURES

Accommodations (with baggage handling)

- **2 nights** in Luang Prabang, Laos, at the deluxe Villa Maly.
- **3 nights** in Siem Reap, Cambodia, at the deluxe Sofitel Angkor Phokeethra Golf & Spa Resort.
- **7 nights** aboard the deluxe RV Mekong Navigator.
- **1 night** in Saigon, Vietnam, at the deluxe Park Hyatt Saigon.

Transfers (with baggage handling)

- All transfers in the Land | Cruise Program: flight and deluxe motor coaches.

Extensive Meal Program

- 13 breakfasts, 10 lunches and 10 dinners, including Welcome and Farewell Dinners; wine with dinner; and complimentary water, coffee, tea, soft drinks, local spirits and beer on board the ship.

Your One-of-a-Kind Journey

- Visit 3 countries during this program.
- **Discovery excursions** highlight the local culture, heritage and history.
- Expert-led **Enrichment programs** enhance your insight into the region.
- **AHI Sustainability Promise:** We strive to make a positive, purposeful impact in the communities we visit.
- **AHI Connects:** Local immersion.
- Welcome and Farewell Receptions.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.

Itinerary

- Day 1** Depart gateway city✈
- Day 2** Cross international date line
- Day 3** Arrive in Luang Prabang and transfer🔄 to hotel
- Day 4** Luang Prabang
- Day 5** Luang Prabang | Siem Reap
- Day 6** Siem Reap
- Day 7** Siem Reap
- Day 8** Siem Reap | Kampong Cham | Board ship
- Day 9** Wat Hanchey | Angkor Ban
- Day 10** Phnom Penh
- Day 11** Phnom Penh
- Day 12** Long Khanh A
- Day 13** Cu Lao Gieng | Sa Dec
- Day 14** Vinh Long | Tien Loi Island
- Day 15** Disembark ship | Saigon
- Day 16** Transfer🔄 to Saigon airport and depart for gateway city✈

✈Flights and 🔄transfers included for AHI FlexAir participants.

Note: Itinerary may change due to local conditions.

Activity Level: Active programs are designed for people who are in good health and can comfortably participate in a demanding daily schedule of physical activities.



Saigon



TEXAS  **EXES**
FLYING LONGHORNS

Discovery

AHI Connects: Lao Traditions. Learn about traditional Lao weaving at a Mekong village, followed by a special Baci ceremony.

AHI Connects: Traditional Dance. Revel in a performance of the graceful *Apsara*, a traditional Cambodian dance.

AHI Connects: Long Khanh A. Visit a Vietnamese village and see the intricate process of weaving *kramas*, colorful scarves.

Luang Prabang. Your journey reveals beautiful temples and chapels, scenic countryside and traditional Laotian villages.

Tak Bat. Witness saffron-robed monks collecting alms throughout the city.

Siem Reap. Delight in a tuk-tuk tour of Siem Reap, followed by a dance show.

Temples of Angkor. Over two days, witness the magnificent temples of Angkor, including Angkor Wat with its incredible bas reliefs; the great Angkor Thom, the last capital of the Khmers; Ta Prohm, nestled in a jungle home; and the recently restored Thommanon, host to exquisite carvings.

Wat Hanchey. Visit this peaceful hilltop temple and receive a traditional Buddhist water blessing from one of the monks.

Angkor Ban. Glimpse rural village life while interacting with a local family. Talk with students at a school and visit a monastery.

Phnom Penh. A cyclo ride introduces you to the city. Visit the gilded Royal Palace, Silver Pagoda and National Museum.

Killing Fields and Genocide Museum. An expert guide provides insight during a solemn visit to Tuol Sleng and the Cheung Ek Killing Fields' memorial and museum.

Culinary Experiences. Learn about traditional foods — including spring rolls and local, tropical fruits — during demonstrations.

Cu Lao Gieng. Board a sampan and cruise to a 19th-century cathedral. Visit a family-run workshop to see how rowboats are built.

Sa Dec. Glide through the canals on a sampan. Visit the home of Hyun Thuy Le and stroll through the town's market.

Vinh Long. Visit a rice factory to see how paper, wine and candy are made from this humble grain, followed by a visit to a senior home run by Buddhist nuns.

Tien Loi Island. Witness day-to-day life in the river delta and visit quiet Tien Loi island.

A City at War. Explore Saigon's history while visiting the Reunification Palace, city hall and War Remnants Museum.

Ben Thanh market. Experience daily life at Ben Thanh Market. See flowers, fruits, silk, lacquerware and many handicrafts.

Enrichment

- ▶ **Life on the Mekong**
- ▶ **Agriculture, Rice, Cultivation and Fisheries**
- ▶ **Cambodia Today**
- ▶ **Contemporary Vietnam**

UNESCO World Heritage

1. Angkor
2. Town of Luang Prabang

Electives

We've designed an engaging extension to take you further afield.

Hanoi and Ha Long Bay. Enhance your immersion into Southeast Asia during a three-night extension. Indulge in Hanoi's architecture on a tour and sail Ha Long Bay — staying overnight aboard your elegant ship. Enjoy a water puppetry show and ride around Hanoi's old quarter.

Electives are available at an additional cost.



Wat Xieng Thong

Accommodations

- Villa Maly** ○○○○●
- Sofitel Angkor Phokeethra Golf & Spa Resort** ○○○○○
- RV Mekong Navigator** ○○○○○
- Park Hyatt Saigon** ○○○○●



The information in this flier is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

AHI Sustainability Promise

We strive to make a positive, purposeful impact in the communities we visit, whenever possible.

Environmental Impact | Thoughtful choices to minimize our environmental footprint: eco-friendly transportation, guided walks in lieu of bus tours and less plastic waste.

Social Impact | Ongoing initiatives to support local businesses that employ and benefit people in the community. Curating meaningful experiences by staying in intimately sized locales instead of cities affected by overtourism.

Economic Impact | Community-based tourism using expert local guides and lecturers, plus program scheduling during quieter, "shoulder seasons."

AHI Travel Expertise

Passenger Service Representative | Helps with everything from arranging flights to fulfilling special requests.

Travel Director | Manages all details to ensure a memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides and lecturers | Provide friendly, knowledgeable service and share their passion for their country.

Let us arrange your flights!

AHI FlexAir | Our **personalized air program** features transfers, assistance and flexibility.

DATES & PRICES

February 20 – March 7, 2022

From Price \$6,745

Special Savings \$250

Special Price **\$6,495**

VAT & Port Tax supplement is an additional \$395 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations (available in most categories) are an additional \$1,795 (limited availability).